



8.9 CME credits

Auspices of
Padova & Rovigo
Boards of Physicians



Science Per Aquam course

diving into VEIN-LYMPHATIC health



Sunday, **May 28**, 2023
Albarella Island, ITALY

for
professionals
involved in healthcare, rehab & wellness
interested in phlebo-lymphology care

with **CME** credits



**Università
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di Ferrara**



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Science Per Aquam

VISION

Too often «**SALUS Per Aquam**» (SPA) remains an empirical activity rather than an evidence-based one. Too often synergy among different specialties is lacking in what could be the enhancement of the significant benefits the aquatic environment can bring.

«**Science Per Aquam**» is an academic international initiative focused on scientific data production and dissemination, functioning as a hub around public health education insights, related to the different medicine fields, with a primary attention to vein-lymphatic drainage.

MISSION

SCIENCE Per Aquam mission is achieved by theoretical and practical courses around the world, showcasing a model of **national** and **international** collaboration among different specialties professionals.

Main focus of May 28 event will be **venous** and **lymphatic disease**, in particular regarding the related edema management.

Moreover, an insight in the **technical hydrotherapy aspects** will provide the possibility for the attendees to actively prescribe this useful therapeutic tool.

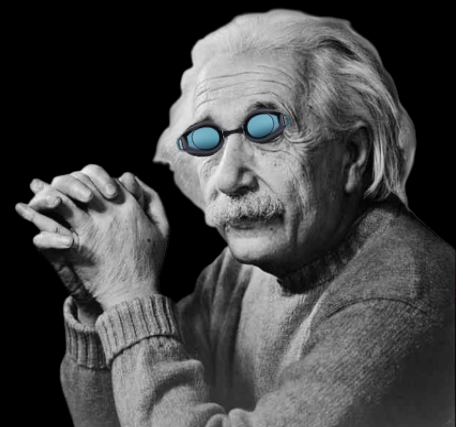
An active engagement of the **General** and **Multi-specialty Medicine** will allow the enhancement of the learning opportunity, both at a national and international level.

Theoretical and **Practical** sessions will enrich both health care professionals and population knowledge on such an important topic.

ITALIAN CME statement for **PHYSICIANS** (allergology, immunology, angiology, cardiology, dermatology, endocrinology, geriatrics, diabetology, pneumology, infectious diseases, physiatry, rehab, internal medicine, thermal medicine, aviation & space medicine, sport medicine, neurology, heart surgery, general surgery, maxillofacial surgery, plastic surgery, thoracic surgery, vascular surgery, OBGyn, neurosurgery, orthopaedics, ENT, anesthesia, general medicine, dietology, epidemiology, diving and hyperbaric medicine)

PHARMACY, PODOLOGY, HEALTHCARE TECHNICIAN, PERFUSIONIST, NURSE, PHYSIOTHERAPIST, DIETOLOGIST, PROFESSIONAL EDUCATOR.

Organizing Secretary Avenue Media
m. congressi@avenuemedia.eu
t. +39 051 6564300 ; t. +39 3498012304



09-09.30 coffee & registration
09.30 – 09.45 Opening & Project Rationale
(Gianesini S, Noce F, Vitale M, Boron F)



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SUN, May 28

09.45-11.00 VEIN-LYMPHATIC MUST KNOW

MODERATORS: Bottini O (Buenos Aires University, LATAM)

Jindal R (Punjab University, ASIA), Josnin M (French Society of Phlebology, EUR)

Rockson S (Stanford University, USA), Romanelli M (Pisa University, ITALY)

09.45 – 09.55 **Vein Hemodynamics applied to the musculo-skeletal system**

Chi YW (University of California Davis, USA)

09.55 – 10.05 **Lymphology MUST KNOW principles**

Szuba A (Wroclaw University, POLAND)

10.05 – 10.20 Multi-specialty & open discussion

(Borman P (**PHYSIATRY**), Coppola C (**OBGYN**))

10.20 – 10.30 **Graduated compression MUST KNOW principles**

Mo M (Yokohama University, JAPAN)

10.30 – 10.40 **Vein-care Procedural and Pharmacology MUST KNOW principles**

Gianesini S (University of Ferrara, ITALY)

10.40 – 11.00 Multi-specialty & open discussion

(Calò M (**GENERAL MED**), Zanasi A (**PNEUMOLOGY**))

11.00 – 11.20 Coffee Break

11.30 – 13.00 HYDRO-FE AQUATIC PROTOCOL

Moderation: Agüero C (Paraguay Venous Association, PARAGUAY)

Campisi C (Genoa University, ITALY), Hereos K (Leuven Clinic, BELGIUM)

Massari L (director Orthopaedics Unit, University of Ferrara, ITALY)

Pittman C (American Vein Lymphatic Society, USA)

11.30 – 11.40 **Aquatic environment applied to venous-lymphatic drainage**

Vitale M (University of Parma, ITALY)

11.40 – 11.55 Multi-specialty & open discussion

(Dorigatti F (**CARDIOLOGY**), Mandini S (**PHYSICAL EXERCISE SCIENCE**))

11.55 - 12.05 **Evidence-based Hydro-FE phlebo-lymphology protocol**

Menegatti E (University of Ferrara, ITALY)

12.05 – 12.20 Multi-specialty open discussion

(Avruscio GP (**ANGIOLOGY**), Gallo G (**PROCTOLOGY**))

12.20 12.30 **Edema management in vein-lymphatic patients**

DeVoogt N (Leuven Clinic, BELGIUM)

12.30 – 12.40 Multi-specialty & open discussion

(Barca M, Osti L (**ORTHOPAEDICS**), Shingale F (**LYMPHOLOGY**))

12.40 – 12.50 **Balneology Association of North America: the (aquatic) future is now**

Coplin M. (North America Balneology Association secretary)

12.50 – 13.00 Discussion & take home messages

Campisi CC (Campisi Clinic, ITALY)

Goranova E (Health Professionals representative, BULGARIA)

Henriksen P (Public representative)

13.00-13.30 CME questionnaires and certificates delivery*

**in order to obtain the CME and certificates, the attendees can take part in the workshop planned from May 25 to 27.*



Science Per Aquam

SUN, May 25
26
27
28

the HANDS-ON

Attendees will be divided in groups of max 6, rotating every 30 min, from May 25 to 28.

All hands-on must be attended to obtain the Science Per Aquam certificate.

Station 1: ULTRASOUND

Master: Giancesini S, Neuhardt D, Stoughton J

CONTENT: Notions all health professionals should have about how an appropriate vein-lymphatic ultrasound scanning should look like.

Station 2: SCIENCE PER AQUAM (all groups at 17.15, Capo Nord Hotel pool)

Masters: Giancesini S, Pagani A

CONTENT: Description and practical demonstration of the aquatic protocol that has been validated for vein-lymphatic drainage.

Station 3: SCLEROTHERAPY AND VENOUS DEVICES

Master: Giancesini S (University of Ferrara) / Chi YW (University of California Davis, USA)

CONTENT: Notions all health professionals should have about the correct indications on mini-invasive treatment for chronic venous disease.

Station 4: GRADUATED COMPRESSION

Master: Giancesini S, Shingale F

CONTENT: Notions all health-professionals should have on graduated compression use. Hands-on demonstration included.

Station 5: VENOUS ACTIVE DRUGS

Master: Giancesini S, Lazarashvili Z, Rial R

CONTENT: notions all health professionals should have on validated venous active drugs use.

Station 6: POSTURAL ANALYSIS

Master: Bottaro M, Chimera A (Posture experts)

CONTENT: notions all health professionals should have on postural analysis